

The EF Launchpad Program

A personalized roadmap for students entering grades 6-12 — and the families supporting them

6 flexible hours total · Additional support available

PHASE 1 — PREPARATION & DISCOVERY

1 Pre-program

The EF Discovery

A 360-degree assessment of your child's workflow skills — synthesizing the neuropsychological evaluation, teacher feedback, and parent input into one complete picture.

2 Pre-launch

The Brain Blueprint

The personalized roadmap — identifying strengths, growth areas, strategies, and tools. Delivered before coaching begins. The living document we work from throughout.



PHASE 2 — IMPLEMENTATION & ORIENTATION

3 August

Launch Session 1 — Activation

Activating systems, routines, and strategies from the Blueprint before the school year accelerates.

Student session **Parent welcome**

4 Aug / Sept

PAUSE Orientation

A dedicated hour for parents to learn the PAUSE People System — so strategies transfer effectively at home.

Parent session

5 September

Launch Session 2 — Calibration

Adjusting strategies as workload builds. Student, parent, or collaborative — based on what's needed.

Student **Parent** **Collaborative**



PHASE 3 — CALIBRATION & ONGOING SUPPORT

6 Oct - Dec

The Lifeline

3 hours of flexible coaching — scheduled or on-demand — for the student, parent, or both. Used during high-stakes periods or when the Blueprint needs refreshing.

Student **Parent** **Collaborative**

Book when you need it — through December 31st

+ Optional

Additional Support Available

The 6 hours are a starting point, not a ceiling. Additional coaching hours can be added at any time — student, parent, or family sessions — as the year evolves.

Flexible add-on after the core program

Flexible by design. Personalized throughout.

Sessions available in person in Marin County or via Google Meet · 25 or 50-minute sessions · Hours front-loaded or held in reserve — used when your family needs them most